

Psychomotor Therapy and Body Experience



Dr. Dolores Viegas Gamito

Dr Dolores Viegas Gamito received her BA Special Education and Rehabilitation from the Faculty of Human Motricity, University of Lisboa. After the completion of her degree, she did a specialization course in psychomotricity. She also did other training courses, namely on topics such as parental education and psycho-pedagogic and artistic inter-relation. With an active professional career since 1998, Dr Viegas Gamito has occupied several positions in different institutions and organizations, although she has always remained as a psychomotricist at Centre Dr. João dos Santos – Casa da Praia. She has participated in very diverse projects, worked with children with special educational needs and accompanied them in various contexts, from school to home environment. Dr Viegas Gamito has implemented several ludic-therapeutic strategies, intervened at the level of prevention and health promotion and was also a teacher of adapted swimming and of adaptation to the aquatic environment. Also, Dr Viegas Gamito has experience as supervisor and as team coordinator. Having a very rich and diversified professional career, Dr Viegas Gamito aims to apply her knowledge and expertise to improve the lives of CDG patients.